



Choir/Music Appreciation Virtual Learning

**High School Community**

**Outreach**

**May 4, 2020**



# High School Choir/Music Appreciation

## Lesson: May 4, 2020

**Objective/Learning Target: to encourage students to reach out to peers, friends, family, or community members.**

# BELL WORK

- Think of a friend/classmate you haven't seen or heard from in awhile.
- Reach out to them via email, text, or other social media outlets.
- It's always nice to know someone is thinking of you and wishing you well!



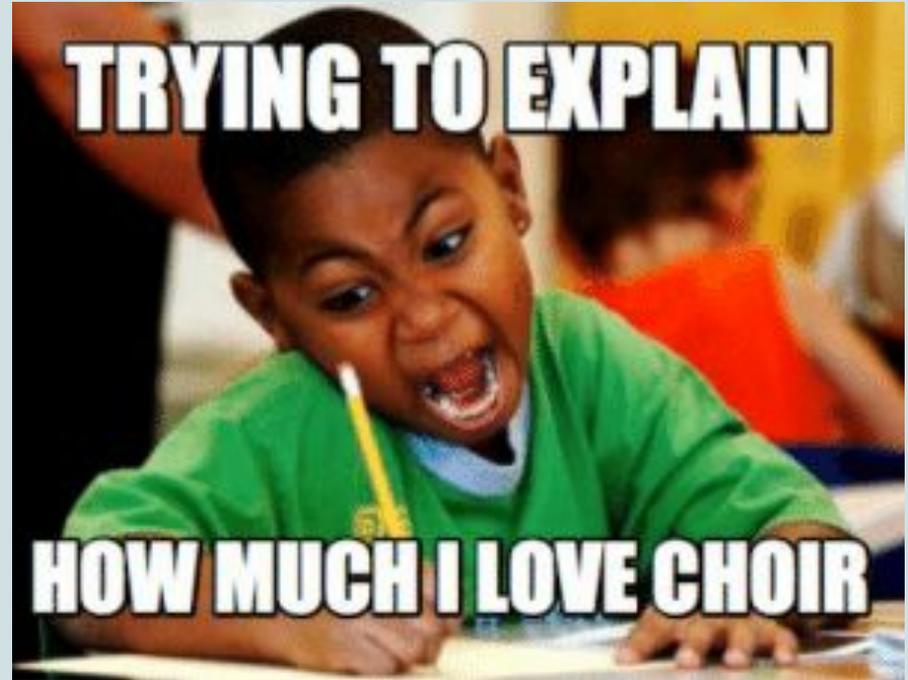
# WHAT DOES MUSIC MEME TO YOU?

Music makes people happy!

It can make people remember a specific time in their life!

Music can help people get through difficult times in their lives

Music brings people together!

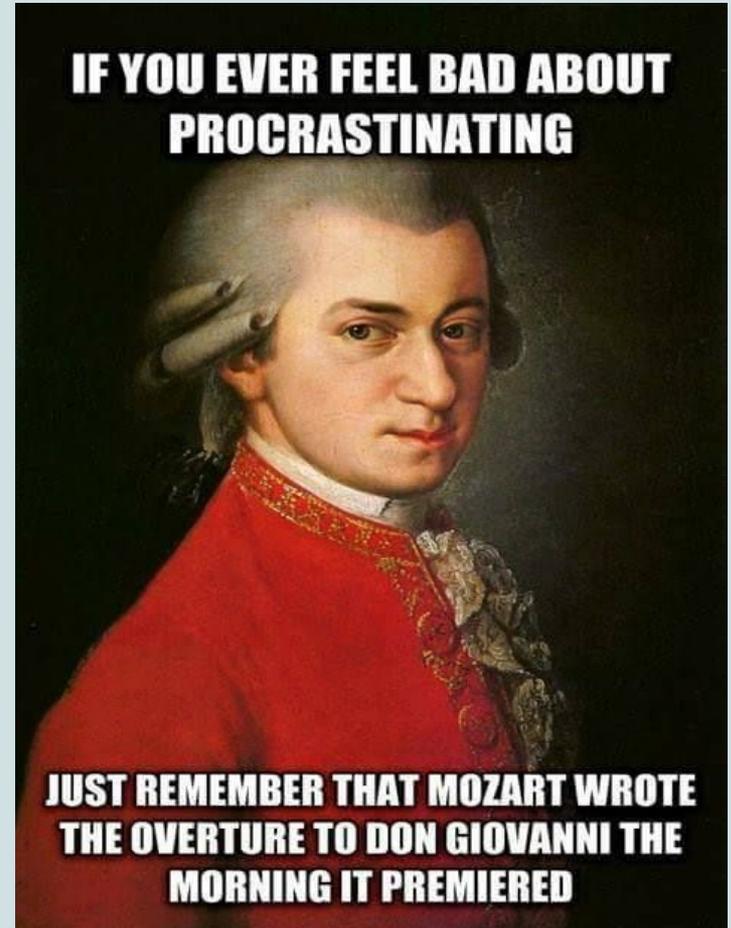


# WHAT DOES MUSIC MEME TO YOU CHALLENGE!

Create your own or find your favorite music or choir meme and share it with your teacher and friends. Let's see how creative we can be!

Guidelines for memes:

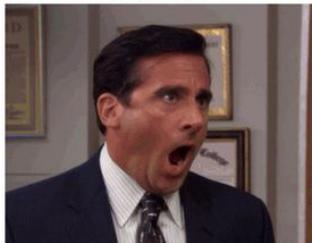
1. Must be related to music or choir
2. School appropriate
3. Funny! Not insulting or rude :)



# WHAT DOES MUSIC MEME TO YOU?

## *Choir as described by Michael Scott*

Sopranos



Mezzos



Altos



Tenors



Baritones



Basses



Soloist



Conductor



Accompanist



me as a freshman  
looking up to all the  
upperclassmen singers



IF YOU NEED A LAUGH...





# A MESSAGE FROM YOUR CHOIR TEACHERS...

We miss you all so much!  
We hope you continue to  
check in with your friends  
and classmates. Having a  
supportive community is so  
important right now. Hang  
in there!

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# a healthy list...

- 1) Get more sleep
- 2) Find time to exercise
- 3) Drink more water
- 4) Eat less sugar
- 5) Be humble
- 6) Read and write more
- 7) Remove clutter
- 8) Don't respond to negativity
- 9) Show gratitude
- 10) Forgive first

[averstu.com](http://averstu.com)

**Some  
things  
to try!**

## 7 WAYS TO STAY POSITIVE Today!

1. SMASH NEGATIVE SELF MESSAGES.



2. MOVE YOUR BODY.



3. PUMP UP THE JAMS.

4. PRACTICE GRATITUDE.



5. SET UP FOR SUCCESS.



6. BE (A LITTLE) SOCIAL.

7. LIST YOUR RADNESS.



# ONLINE RESOURCES

**Here are some great resources for you during this time:**

1. <https://www.isdschools.org/virtual-learning-resources/>
2. [A cappella app](#)
3. Garage Band
4. Tik Tok
5. Youtube